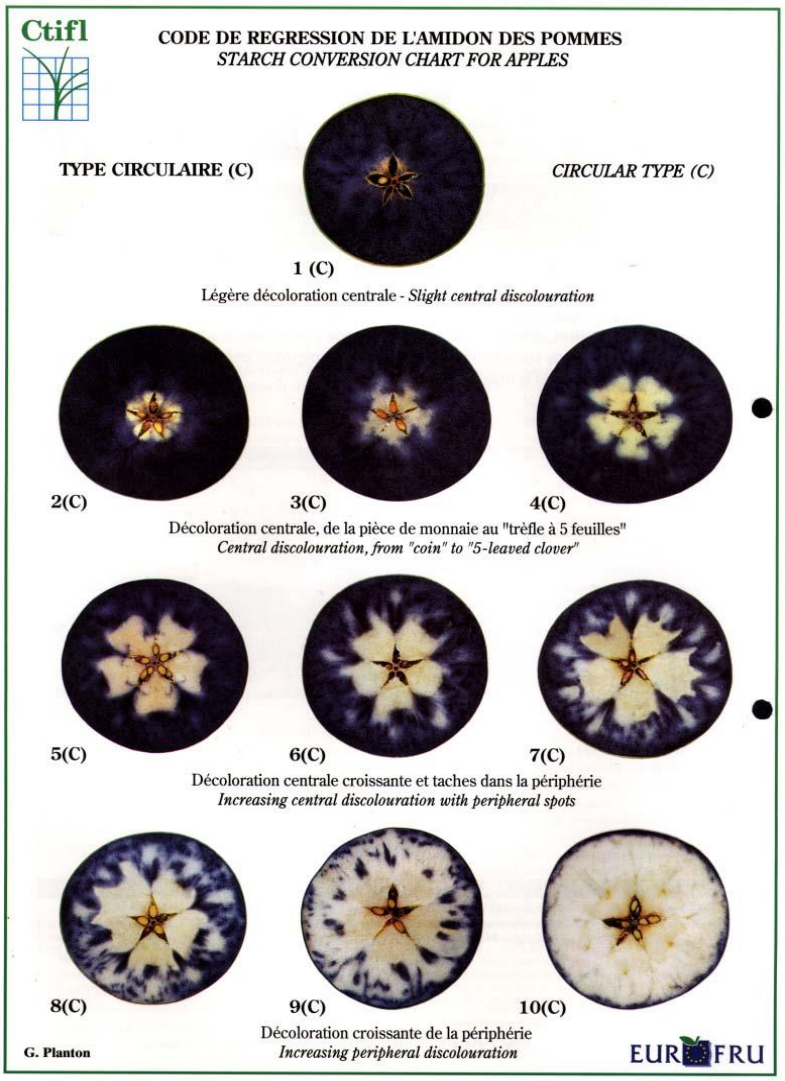The Ctifl (France) starch conversion chart for apples